

# AIHA Internet Resources Digest

*Supporting Access to the High Quality Online Resources*

December 2012



## Spotlight on: RESOURCES on COMPLEMENTARY and ALTERNATIVE MEDICINE



**Complementary** therapies are therapeutic practices which are not currently considered an integral part of conventional allopathic medical practice. They may lack biomedical explanations but as they become better researched some become widely accepted. Therapies are termed *Complementary* when used in addition to conventional treatments and *Alternative* when used instead of conventional treatment. *Integrative* medicine combines treatments from conventional medicine and CAM for which there is some high-quality evidence of safety and effectiveness. It is also called *integrated* medicine.

### INTERNATIONAL and NATIONAL ORGANIZATIONS

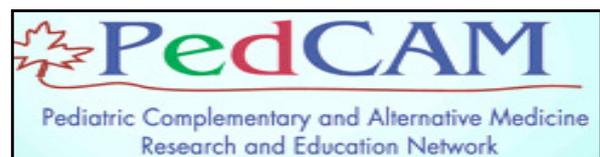
#### The International Society for Complementary Medicine Research



The International Society for Complementary Medicine Research (ISCMR) is an international professional, multidisciplinary, non-profit scientific organization that is devoted to fostering Complementary and Integrative Medicine research and provides a platform for knowledge and information exchange to enhance international communication and collaboration.

<http://www.iscmr.org/>

#### The Pediatric Complementary and Alternative Medicine Research and Education Network



Created in 2004, the Pediatric Complementary and Alternative Medicine Research and Education (PedCAM) Network is a Canadian network that aims at disseminating a wide range of CAM information and building collaborative relationships between researchers, educators, clinicians, and policy-makers, both nationally and internationally. PedCAM is an academic, non-commercial organization.

<http://www.pedcam.ca/>

## The National Center for Complementary and Alternative Medicine



The National Center for Complementary and Alternative Medicine (NCCAM) is the Federal Government's lead agency for scientific research on the diverse medical and health care systems, practices, and products that are not generally considered part of conventional medicine.

NCCAM's programs and organization incorporate 3 long-range goals:

- Advance the science and practice of symptom management.
- Develop effective, practical, personalized strategies for promoting health and well-being.
- Enable better evidence-based decision making regarding CAM use and its integration into health care and health promotion.

Five major objectives serve the above goals:

1. Advance research on mind and body interventions, practices, and disciplines.
2. Advance research on CAM natural products.
3. Increase understanding of "real world" patterns and outcomes of CAM use and its integration into health care and health promotion.
4. Improve the capacity of the field to carry out rigorous research.

5. Develop and disseminate objective, evidence-based information on CAM interventions.

On the web-site you can find information both for patients and health care professionals, news, publications, statistics, video and images, and training resources.

<http://nccam.nih.gov/>

## JOURNALS and ARTICLES

### Alternative Therapies in Health and Medicine



This journal publishes original, peer-reviewed scientific articles that provide health care providers with continuing education to promote health, prevent illness, and treat disease. *Alternative Therapies in Health and Medicine* does not endorse any particular system or method but promotes the evaluation and appropriate use of all effective therapeutic approaches.

Each issue contains a variety of disciplined inquiry methods, from case reports to original scientific research to systematic reviews. The editors encourage the integration of evidence-based emerging therapies with conventional medical practices by licensed health care providers in a way that promotes a comprehensive approach to health care that is focused on wellness, prevention, and healing.

Free ample issue and TOCs, some free E-Pub Ahead of Print articles

<http://www.alternative-therapies.com/>

## JOURNALS and ARTICLES

### Integrative Cancer Therapies



*Integrative Cancer Therapies (ICT)* is a peer-reviewed quarterly journal focused on the scientific understanding of alternative medicine and traditional medicine therapies, and their responsible integration with conventional health care. Integrative care includes therapeutic interventions in diet, lifestyle, exercise, stress care, and nutritional supplements, as well as experimental vaccines, chrono-chemotherapy, and other advanced treatments. Free sample copy and free abstracts. Access to full-text through HINARI.

<http://ict.sagepub.com/>

### The Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice, and Policy



Peer-reviewed journal of scientific work for healthcare professionals, practitioners, and scientists seeking to evaluate and integrate Complementary and Alternative Medicine (CAM) into mainstream practice. The Journal delivers original research that directly impacts patient care therapies, protocols, and strategies, ultimately improving the quality of healing. Free access to selected articles.

*The Journal* coverage includes: Botanical

Medicine, Acupuncture and Traditional Chinese Medicine, Mind-Body Medicine, Nutrition and Dietary Supplements, Yoga, Ayurveda, Naturopathy, Homeopathy, Tai Chi, Qi Gung, Massage Therapy, Subtle Energies and Energy Medicine, Neurostimulation, Integrative Biophysics.

<http://www.liebertpub.com/overview/journal-of-alternative-and-complementary-medicine-the/26/>

### BMC Complementary and Alternative Medicine



An open access, peer-reviewed journal that considers articles on interventions and resources that complement or replace conventional therapies, with a specific emphasis on research that explores the biological mechanisms of action, as well as their efficacy, safety, costs, patterns of use and/or implementation.

<http://www.biomedcentral.com/bmccomplementaltermed/>

### Patient Education and Counseling, Volume 89, Issue 3

In this special issue of *Patient Education and Counseling* 23 articles are presented about the patient-provider communication on complementary approaches, and the implementation and integration of CM in health care.

[http://www.pec-journal.com/issues?issue\\_key=S0738-3991%2812%29X0012-0](http://www.pec-journal.com/issues?issue_key=S0738-3991%2812%29X0012-0)

## GUIDES and RESOURCE COLLECTIONS

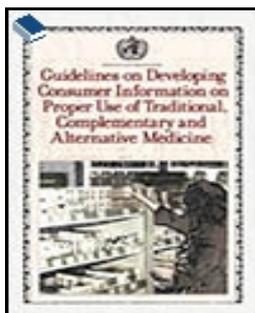
### CIMER



The MD Anderson Cancer Center Complementary/Integrative Medicine Education Resources (CIMER) Web site is dedicated to providing educational resources to health care professionals and patients regarding the current understanding of complementary medicine and, where appropriate, to assist in the integration of these medicines and therapies with conventional treatments.

<http://www.mdanderson.org/education-and-research/resources-for-professionals/clinical-tools-and-resources/cimer/index.html>

### Guidelines on Developing Consumer Information on Proper Use of Traditional, Complementary and Alternative Medicine . WHO, 2004



Although consumers today have widespread access to various TM/CAM treatments and therapies, they often do not have enough information on what to know or check when using TM/CAM in order to avoid unnecessary harm. In this context, it is therefore necessary to develop information to meet the needs of consumers.

These Guidelines will provide governments and other stakeholders involved in the development of consumer information with an overview of the general principles and activities necessary for the development of reliable consumer information. The document will also be a useful reference to consumers in guiding them on the information they need to have in order to choose a TM/CAM therapy that is safe and effective.

<http://apps.who.int/medicinedocs/en/d/Js5525e/>

### WHO publications on Traditional, Complementary and Herbal Medicine



This collection includes 57 publications in different languages

[http://apps.who.int/medicinedocs/en/cl/CL1.1.1.3.1/clmd,50.html#hICL1\\_1\\_1\\_3\\_1](http://apps.who.int/medicinedocs/en/cl/CL1.1.1.3.1/clmd,50.html#hICL1_1_1_3_1)

### AIHA Internet Resources Digest Forthcoming Topics [Provisional]

- Telemedicine
- Open Access Initiatives
- Resources on Pediatrics
- Patient Information Services

## About the AIHA Internet Resources Digest

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If you have a suggestion for a Digest topic, or would like to contribute information about Internet resources, please contact [ibra\[at\]zadar.net](mailto:ibra[at]zadar.net).

Back issues of the *Internet Resources Digest* for 2011-2012 are archived at [www.healthconnectintl.org/resources.html](http://www.healthconnectintl.org/resources.html).

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